



*2024 Arkansas Federal Employees and Annuitants
Benefits Overview*

Choose Your Plan

2024 Arkansas Federal Employees and Annuitants



| Benefits | You Pay | |
|--|---|--|
| | High Option | Standard Option |
| Annual Deductible | \$500 Self Only / \$1,000 Self Plus One and Self and Family | None |
| Medical Services Provided by Physicians | | |
| Diagnostic and treatment services provided in the office | Office visit copayment: \$20 primary care; \$35 specialist | Office visit copayment: \$20 primary care; \$40 specialist |
| Service Provided by a Hospital | | |
| Inpatient | \$100 copayment per day up to a maximum of \$500 per admission | \$200 copayment per day up to a maximum of \$1,000 per admission |
| Outpatient | \$100 copayment | \$200 copayment |
| Emergency Benefits | | |
| Medical emergency | <ul style="list-style-type: none"> \$150 copayment Ambulance Services: Ground: \$100 copayment per trip; Air/Sea: \$150 copayment per trip | <ul style="list-style-type: none"> \$150 copayment Ambulance Services: Ground: \$100 copayment per trip; Air/Sea: \$150 copayment per trip |
| Protection against catastrophic costs (your catastrophic protection out-of-pocket maximum) | Nothing after \$5,000 for self/\$10,000 for Self Plus One and Self and Family per contract per year. Out-of-Network: \$13,200 for Self, \$26,400 for Self Plus One and Self and Family. | Nothing after \$5,500 for self/\$11,000 for Self Plus One and Self and Family per contract per year. |
| Prescription Drugs | | |
| Retail pharmacy | \$10 Tier I – \$40 Tier II – \$60 Tier III | \$10 Tier I – \$40 Tier II – \$60 Tier III |
| Self-administered specialty drugs | \$100 per prescription filled Tier IV | \$100 per prescription filled Tier IV |
| Mail order | \$0 Tier I – \$120 Tier II – \$180 Tier III | \$15 Tier I – \$120 Tier II – \$180 Tier III |

This is a brief description of the features of the QualChoice multi-option plan underwritten by QCA Health Plan, Inc. Before making a final decision, please read the Plan's Federal brochure RI73-860. All benefits are subject to the definitions, limitations, and exclusions set forth in the Federal brochure.

| 2024 Bi-Weekly Rates | | Code | Your Share |
|----------------------|-----------------|------|------------|
| High Option | Self Only | DH1 | \$128.25 |
| | Self Plus One | DH3 | \$194.11 |
| | Self and Family | DH2 | \$396.35 |
| Standard Option | Self Only | DH4 | \$78.00 |
| | Self Plus One | DH6 | \$151.52 |
| | Self and Family | DH5 | \$203.45 |

These rates do not apply to all enrollees. If you are in a special enrollment category, please refer to your special FEHB Guide or contact the agency which maintains your health benefits enrollment.

All the Benefits You Need

2024 Arkansas Federal Employees and Annuitants



No PCP Referral
required for specialists



Local Support
to Answer your questions



Nationwide Network
for unforeseen illness or accidents while traveling



Health and Wellness Support
for chronic and other health conditions



Statewide Network
for physician, hospital and pharmacy

QCARE Health & Wellness Programs

Diabetes Management

Personalized support, education, counseling and advocacy to help our members learn to live better with diabetes. Includes complimentary glucometer for participating members.

Heart Health

The support needed to help our members reach their optimal healthcare goals and follow the treatment plan established by their physician. Includes complimentary blood pressure monitor.

Cancer Management

Personalized and compassionate care to help members understand their cancer diagnosis and how to be an active participant in their treatment.

Special Additions Maternity Management

A Special Additions registered nurse serves as an advisor and maternal/newborn specialist for our moms-to-be.

QuicRewards Savings Program



Through this exclusive QualChoice program, members receive great savings from a number of leading health-related companies, such as Jenny Craig, LA Fitness and others. These programs are offered to our members as a complement to their health plans and at discounts not generally available to the public.

This discount program is not an endorsement of any services, products or businesses. The member is responsible for selecting their own fitness or wellness vendors and products and should not rely on this discount program to select or recommend any vendor or product.

Check [QualChoice.com](https://www.qualchoice.com) often for new programs, features and updates.

Choose your 2024 plan today.

Open Season changes must be made between
November 13th and December 11th, 2023.

1. Choose a 2024 medical plan: Standard Option or High Option.
2. Determine your status: Self Only, Self Plus One, or Self and Family.
3. Confirm your enrollment code below. Codes are specific to QualChoice.

| Plan Options | Self Only Code | Self Plus One Code | Self and Family Code |
|-----------------|----------------|--------------------|----------------------|
| High Option | DH1 | DH3 | DH2 |
| Standard Option | DH4 | DH6 | DH5 |

4. Download an SF 2809 form at www.opm.gov/forms.
5. Complete the form with the information required.
6. Provide a copy to your benefits or human resources office.

Annuitants: For enrollment information, visit the U.S. Office of Personnel Management at opm.gov/healthcare-insurance/healthcare/plan-information/enroll.

View your QualChoice Federal Employees Health Benefits online anytime by logging in to *My Account* at QualChoice.com or opm.gov/insure. For a printed copy of your plan brochure, use our QuicQuestions email messaging system to send a request — or call Customer Service at 501.228.7111 or 800.235.7111.



QualChoice.com | 800.235.7111 | 501.228.7111 | FAX 833.681.2495